

New Year Yum Yums

Bake a batch of these yummy, low-fat treats for your dog and start the New Year off right.

This healthy recipe, featured in the Three Dog Bakery Cookbook (Andrews McMeel Publishing), comes courtesy of our friends at Three Dog Bakery.

Yappy New Year Yum Yums

Makes 12 scrumptious snacks.

Ingredients:

2 tablespoons honey
2³/₄ cups water
¼ cup unsweetened applesauce
teaspoon vanilla
1 egg
4 cups whole-wheat flour
1 cup dried apple chips
1 tablespoon baking powder
1 tablespoon cinnamon
1 tablespoon nutmeg

Preheat oven to 350 degrees. In a bowl, mix together honey, water, applesauce, vanilla and egg. Combine flour, apple chips, baking powder, cinnamon and nutmeg in a separate bowl and mix thoroughly. Add wet ingredients to dry and mix well, scraping sides and bottom of bowl to be sure no dry mixture is left. Spoon into greased muffin pans so that each cup is three-quarters full and bake for approximately 1 hour. Cool and store in a sealed container.

Got more hungry dogs? Try these other great recipes from Dog Parties - How to Party with Your Pup: Dem Bones Biscuits
Gravy Cookies

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