

Test Your Holistic Dog Care Knowledge

Put your natural know-how to the test with a quiz about holistic care for dogs.

Denise Flaim

Holistic buzzwords and natural care lingo can be dizzying. Just how much do you know about holistic dog care? Take our quick quiz to find out.

1. A holistic vet is someone who ...
 - a) Does not prescribe drugs such as antibiotics.
 - b) Takes into consideration the individual, or "whole," dog.
 - c) Is certified by the American Holistic Veterinary Medical Association.
2. Homeopathy is ...
 - a) A system of healing based on "like cures like."
 - b) A system of healing based on the "law of dissimilars."
 - c) Another word for "holistic."
3. Which of the following is not considered a holistic modality?
 - a) Cranio-sacral manipulation
 - b) Acupressure
 - c) Acupuncture
 - d) Phrenology
4. Gold-bead implants are:
 - a) A permanent form of acupuncture.
 - b) A radical school of chiropractic.
 - c) An offshoot of gemstone therapy.
5. "Chi" is ...
 - a) therapeutic massage used in Ayurvedic medicine.
 - b) the life force in traditional Chinese medicine.
 - c) a medicinal herb from the Australian bush.

Answer key:

1) b; 2) a; 3) d; 4) a; 5) b

Scoring guide:

Five correct answers: Congratulations! You appear to be a holistic know-it-all, but there's always something new to learn about this popular topic.

Four correct answers: Way to go! By taking some time to read up on the latest developments in natural care for dogs, you could earn yourself a perfect score.

Three correct answers: Not too shabby. Brush up on your natural care knowledge by visiting DogChannel's Natural Dog section.

Two correct answers: You could do better. Read more about holistic dog care, then come back and try again.

One correct answer: Don't wait another second – visit the Natural Dog section now to learn about how natural methods of caring for your dog can benefit your canine friend.

Denise Flaim is a DOG FANCY contributing editor.

Want to improve your score? Read more about holistic dog care in DOG FANCY's Natural Dog in the August 2008 issue.