

Hilary Duff Talks About Spending Time with Her Dog

Singer-actress Hilary Duff says her Chihuahua helps to keep her out of trouble – and the headlines.

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Hilary Duff is only too happy to let Hollywood's other young celebrities like Britney Spears and Lindsay Lohan get the tabloid ink. But how does the 19-year-old pop star stay out of trouble – not to mention the media's glare?

By hanging with her Chihuahua, Lola, and her sister, Haylie, she tells Today.

"I'm very normal. If I'm not working — I work pretty much every day — I hang out with my dog and I live with my sister," says the singer-actress, who also has her own perfume, "With Love."

It should come as no surprise, then, that Duff's latest album is called "Dignity." "I don't know," she says. "I wish there was some kind of formula I could explain. I guess it's just the way you want to be seen, and what you do in your personal time and how much you want the public to know about that."

Duff says she also doesn't do the "bling" thing like so many of her private-jet-flying, haute-couture-addicted peers. "My band and my crew — I rely on them, and my dog."

The dog-loving Duff can also be seen in The Sims 2 Pets video game, where she appears with – who else? – Lola.