



Help Dogs at Linda Blair's Rescue Dog Shelter

Roll up your sleeves and lend a helping hand at actress Linda Blair's World Heart Foundation Shelter.

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Starting on Thursday, September 13, 2007, you can plant trees, water plants, rake leaves, provide food and water, perform general tasks or just hang out with the rescue dogs at Linda Blair's World Heart Project Foundation Shelter in Acton, Calif.

Join fitness expert and YogaFit founder Beth Shaw in supporting the rescue, which has recently relocated and needs generous hands to jumpstart the shelter so it can find loving and safe homes for its canine cohabitants.

For directions to the shelter, an address for donations, and other information, e-mail info@bamboomarketing.com.