

Eat Those Vegetables!

Get the skinny on your dog's diet.

My dogs love broccoli, carrots and apples. Are there any fruits and vegetables that I should avoid giving my dogs? I do know treats and table scraps should make up no more than 10 percent of a dog's daily diet, but does this refer to fruits and vegetables?

Fruits and vegetables would be included in the 10 percent and are generally added to stimulate a dog's appetite or given out as small rewards. Fruits and vegetables make healthy additions to the diet so long as a dog has no adverse reaction, such as an upset stomach, nausea or loose stools. Many dogs enjoy a small piece of melon, and some even like oranges, but I've never know one that would eat celery.