

Homemade Dog Food

Learn how to make nutritious homemade dog food.

Dr. William Pollak, DVM

Continental Canine This is a quick and easy homemade meal containing the three basic food groups of raw meat, raw grated vegetables, and cooked grain.

2 cups water 1 cup raw rolled oats 3 eggs (shells crushed and baked at 350°F for 12 minutes) 1 teaspoon bone meal or calcium/magnesium powder (or eggshells) 1/2 cup cottage cheese 1 cup raw grated vegetable (any common vegetable is fine) 1/2 cup raw chopped meat (chicken, turkey, or beef) 1 tablespoon of brewers or nutritional yeast, lecithin, and/or olive oil (optional)

Bring 2 cups of water to a boil. Add the raw oats, cover, cook 2 minutes, turn off the heat, let stand about 10 minutes. Stir in the rest of ingredients. Mix in some brewers or nutritional yeast, lecithin, and/or olive oil if desired.

*Recipes courtesy of Dr. William Pollak, DVM

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