

## Homemade Dog Food

**Learn how to make nutritious homemade dog food.**

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Many people feed their dogs commercial dog food; some people, for a variety of reasons, choose to feed their dogs a homemade diet. A successful homemade diet is well balanced, containing just the right mixture of food to provide a dog with essential nutrients. Here are two suggested homemade recipes that each provide a full-days worth of necessary nutrients. Feed one cup by volume per day per 35 pounds of dog or 15 pounds of puppy (5 to 24 months old). Extremely active dogs will require more.

### Basic Canine Three-Part Combo

14 pound (12 cup) ground chicken, turkey, beef, or lamb (heart or muscle is okay; liver is okay but not more than once a week). Use one type of meat per meal and vary the meat at least every three or four days. 4 to 6 shredded slices whole grain natural bread; or cup whole grain cereal such as brown rice, oatmeal, buckwheat, wheat, quinoa, couscous 1 cup whole milk (raw and nonhomogenized, if possible) 2 large eggs (it is optional to include the eggs shells, ground up and softened; bake shells in toaster oven until lightly browned to soften 14 cup string beans or other vegetable (carrots, broccoli, leafy greens, beets) 1 tablespoon vitamin/mineral powder 1 tablespoon ghee, olive, or vegetable oil 112 teaspoons bone meal, calcium, or softened eggshells (bake in toaster oven to soften) 200 IU vitamin E 14 teaspoon tamari, Braggs liquid amino acids, or a dash of iodized salt (optional) 1 clove garlic, crushed or minced (optional 14 teaspoon ginger, licorice, and/or cumin (optional)Combine all ingredients, water can be added. Serve raw or shape and bake at 325°F until lightly browned (20 to 30 minutes).