

Trigger Point Therapy for Dogs

The object of the therapy is to release the dog's trigger point so that it stops causing pain.

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Trigger points are hyperirritable tender spots in muscles that trigger pain in other muscles. An active trigger point results in tight muscles, restricted blood flow, and compressed nerves. The object of the therapy is to release the trigger point so that it stops causing pain. Trigger points can be released through acupuncture, chiropractic, and massage therapy.

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