

## Lessons for Puppy

**Discover how positive training can bring professional results.**

Brought to you by Training Your Puppy in 5 Minutes

Everything you do with your puppy should be positive. Training is no different. Should you want your pup to do what you ask and look forward to working for you, he must have fun while he is performing. Play-training is the best means of ensuring that your puppy will love his training sessions. Keeping the lessons short is another way to make sure that your pup looks forward to his work.

Puppy Lesson Plans Step One: Target and Sit Step Five: Down Step Two: Come and Sit Step  
Stay Step Three: Round Robin Step Seven: Leash Training Step Four: Heel and Sit Puppies have very short  
attention spans; generally about five to ten minutes. You will be most successful if you work with your pup for only five  
minutes at a time, but many times through the day. There are many ways that this method can fit into a busy schedule. Its  
far easier than trying to find a full half hour in your day to hold a training session. You can train your pup for a few minutes  
prior to each of his meals. You can train him with other family members when they get home from work or school. You can  
also have a quick lesson whenever your pup has a burst of extra energy. Training him while he's alert and energetic is a  
great way to guide him into correct behavior instead of leaving him to invent his own activities, which, more often than not,  
are not things that you want him to be doing. Puppy thinks his training time is play, when in actuality he is learning.  
Play-training is the most positive means of obtaining fast results that last a lifetime. A puppy that's having fun will maintain a  
longer attention span and look forward to each training session. Begin each five-minute training session by having your pup  
"target." This focuses his attention and prepares him for learning new behaviors. In fact, he'll easily learn how to sit within  
the first few minutes of the targeting exercise. Many pups that might have dominant tendencies will still respond well to  
target training. It is also important to note here that any off-leash sessions should be done indoors or in a safely fenced or  
enclosed area only.

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