

The Benefits of Proper Puppy Nutrition

Give your new puppy the gift of future health and proper growth by following these four principles.

Eve Adamson

Once you've found a quality food that meets all your dog's nutritional requirements, there's no need to vary brands, Carey said. "If a food has been tested and proved adequate for growth and your dog does well on that food, there is no reason to feed it anything else." Pick the approach that works for you and your puppy. If you do vary foods, watch fat content. It can vary from 8 percent all the way up to 21 percent in some premium brands.

Knowing the basics of puppy nutrition helps you be the best puppy companion you can be. Give yours the right amount of a balanced food, add a little variety and monitor your pup to make sure it thrives. And don't forget the most important nutrient of all, the one your puppy can't get too much of love!