

Puppy Playtime Teaches Proper Behavior

Learn how to teach your puppy good behavior through play.

Jean M. Fogle

In the dead of winter and the heat of summer, take your playtime indoors to relieve stress and alleviate boredom. Dogs enjoy the tasty treats that come with trick training while they learn better attention skills and exercise both brain and body. An exciting game of hide and seek helps teach your dog to use her nose.

Best of all, play is just plain fun. "Playing with your dog gives you a reason to run around, get exercise, and act in ways that would otherwise get you put away," Coile says.

So get out there and play! It might just open a whole new world for you and your dog.