

## Apple Cinnamon Dog Training Bits

**This tasty recipe will have your dog licking his chops for more.**

### Ingredients:

- 4 cups whole wheat flour
- 1/2 cup cornmeal
- 1 egg
- 2 tablespoons vegetable oil
- 1 teaspoon cinnamon
- 1 small apple, grated
- 1 1/3 cups water

**Baking Instructions:** In a bowl combine all ingredients except the apple and water. Grate apple into mixture and add water. Mix until it starts forming a dough. Turn out on a lightly floured surface. Knead well. Roll out to 1/4- to 1/2-inch thick. Take a straight edge and score the dough horizontally then vertically to make a grid of 3/4-inch squares. Be careful not to cut through the dough completely. Place the dough on a baking sheet that has been sprayed with a nonstick spray. Bake at 325 ° F for 1 hour. Break apart for storage.

\* Recipe courtesy of [Recipe Source](#)

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