



Quickie Burgers

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Ingredients: 1 pound ground sirloin 1 large beaten egg 1/3 cup green peas or shredded carrots 1/3 cup whole kernel corn 1/3 cup finely chopped celery 1/2 teaspoon crumbled, dried seaweed 1/2 teaspoon garlic powder

Instructions:

In a large bowl, combine all ingredients and mix well. Shape into patties and broil or saute in a skillet to medium rare. Serve at once.

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