

## Treat Arthritis in Dogs Naturally

**Help slow the progress of osteoarthritis with alternative therapies for dogs.**

*Kathleen M. Mangan*

**Chiropractic care:** Chiropractic adjustments help increase mobility so a dog doesn't compensate for stiffness or pain by walking abnormally, which can create other problems.

**Homeopathy:** For those who prefer homeopathy, the most common remedies for arthritis are Bryonia and Rhus toxicodendron (poison ivy).

**Diet:** Be sure your dog isn't overweight. Schoen recommends a properly balanced natural diet, preferably home prepared.

"Natural and alternative therapies slow the progress of osteoarthritis; strengthen the dog's joints, muscles and overall health; and enable the dog to live a longer, happier life," says Schoen. Consult a holistic veterinarian for diagnosis, a treatment plan, and dosages.